NEWS FOR VETERANS

Men who have lost the ability to speak or understand language are learning to talk again with the aid of volunteers at Veterans Administration hospitals, VA said.

These are veteran-patients whose brain injury from wounds, strokes or other disease has made the unable to coordinate their thinking or associate words with the objects for which the words stand. Slowly and patiently they must be taught to associate words with things and form sentences to express meaning.

After receiving training at VA hospitals, housewives, retired military and business men, and other volunteers from the community help the disabled veterans, whose condition is known as aphasia, practice speech each day.

Working under the guidance of specialists in speach, along with the physician and psychologist, the volunteer holds a card with a word printed on it in front of the patient.

"This is something you find in the winter," the volunteer may say. "What is it."

S-s-s-s," the veteran replies trying to form a word, "S-snow."

At some VA hospitals, a special machine that plays a sound tape on cards is used in speech therapy for patients with aphasia. It shows a picture of an object, speaks its name, and shows the word to the patient on a card simultaneously. The patient repeats the individual word as clearly as he can and the volunteer listens to his pronunciation and helps him correct it as needed.

Thus through practice and repetition many VA aphasia are helped to overcome their disability.

VA doctors feel volunteers make a valuable contribution in such speech therapy, not through the actual mechanics of practicing speech but through their personalities which help patients relax and bring out their best efforts.

"A patient overcoming aphasia often gains more confidence from knowing he can talk even slowly and with difficulty to someone from outside the hospital than from communicating with hospital personnel," said Dr. A. B. C. Knudson, VA director of physical medicine and rehabilitation in Washington, D. C. Volunteers are helping in the speech therapy programs of VA hospitals at Durham, N. C., Memphis, Tenn., Los Angeles, Biloxi, Miss., New Orleans, East Orange, N. J., Brooklyn, N. Y., and many other locations.

VEPCO EARNINGS

Virginia Electric and Power Company this week reported operating revenues of $11,735,000 for November, and a net income for the month of $2,291,000.

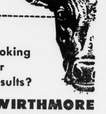
A. H. McDowell, Jr., president, said these figures represented increases of 7.2 per cent in revenues and 7.9 per cent in net income over November 1957.

For the twelve months ended November 30, McDowell reported net income of $26,223,000 on operating revenues of $138,713,000. These represent increases of 7.0 per cent in revenues for the year and 8.4 per cent in net income.

Per share earnings on the 14,200,000 shares of common stock for the twelve months were up 9.3 per cent to $1.65, compared with $1.51 for a similar period in 1957.

The Vepco president said that the addition of approximately 15,000 new electric customers and, in the Hampton Roads area, 2,500 new gas customers, contributed to the increases.

Appomattox is a growing town.



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Comment On Sports

By Pete Fritchie

Washington, Jan. 8 - The Baltimore Colts did it in five years. That's how long coach Weeb Ewbank predicted it would take him to build a championship club in Baltimore. One of the best quotes to come out of the recent Colt victory over the Giants was his crack to Baltimore President Carroll Rosenbloom that it "took me an extra quarter."

Ewbank was referring to the history - making overtime needed by the Colts to score that TD for the reeded six-point marget to become pro champions.

The great passing of Johnny Unitas brought memories of Sammy Baugh, and combined with the running of Alan Ameche, the combination was too much even for the amazing New York Giants to overcome. The Colts could have won by a much wider margin - since they ate up the Giants in the statistics department.

There isn't much doubt any longer - thanks to televison - that pro football is rapidly coming on as a challenge to pro baseball. Even the fan in small towns are getting pretty excited about the pro champion ship any more. And they are beginning to take an interest in individual performances, etc., like baceball fans do six months of the year.

Actually, the two sports are complimentary, and except for September and the World Series, the two make the headline at different times of the year. But whereas pro football formerly was for the big - city fan, television has made it another national sport.

College football doesn't seem to suffer, as a result, either, since the pro games come on Sunday, while the alma mater plays on Friday night or Saturday. What's needed now is a national interest building up in basketball - for the deep winter months of January and February.

There's ice hockey, and other sports, too, but so far nothing quite fills the gap left by the end of pro baseball in October, and then football, in December. January and February are long months for the sports fan, who finds himself kept in by the weather, quite often, in addition to the lull before baseballs' spring training.

Japanese Bonds Located

San Francisco.- A State official, checking on why California was billed $26 for a safe-deposit box, stumbled on a cache of pre- war Japanese bonds he valued at $15,000,000.

They had been forgotten, although apparently gathering interest, for seventeen years since being seized when Japanese assets in the United States were frozen shortly before World War II.

QUESTIONS OF THE WEEK

(Editor's note: Here are the questions asked most frequently by Virginia farmers during the past week, as reported by county agricultural agents. Staff members of the VPI Agricultral Extension Service and/or Experiment Station supply the answers).

Q. When should I start spraying for chickweed control?

A. Anytime now. Be sure to do it before new growth starts in the spring.

Q. When should I apply granular heptachlor for weevil control in alfalfa?

A. During the last week of February or the first week in March for most satisfactory results.

Q. What is the best method of treating posts and poles for long use?

A. The most practical method of home treatment is the cold soak method. Soak the peeled, round, air-dried post in a wood - preserving chemical (pentachlorophenol or copper naphthanate mixed with fuel oil) until the post takes up enough of the chemical. It will take at least 48 hours. Detailed instructions are included in a mimeographed publication "Fence Post Preservation by Home Treatme," available from county agents or the VPI Agricultural Extension Service, Blacksburg.

Q. How can I benefit by entering my beef herd in the record-of-performance program?

A. By having accurate records on which bulls are fast-growing calves you can increase profits considerably. Say you could increase the average rate of gain of your calves by .2 pound per day. At seven months of age, this could amount to $8.40 a calf, at 20c a pound. The differences carry over into the feedlot, too, for additional profits. You have everything to gain and noth- ing to lose. See your county agent for additional details.

Q. How can I prevent lard from becoming rancid?

A. To each 50 pounds of hot lard, add a three-pound can of homogenized vegetable fat — the vegetable shortening found on grocery shelves. Stir thoroughly and store in tight containers as usual. Lard keeps much longer if stored in small air-tight containers, such as 1-2 gallon jars or three-pound tin cans.

NEW MOTOR VEHICLE LAW NOW EFFECTIVE

RICHMOND, VA, JAN. 4 —Over one and a half million Virginia motor vehicle owners received a notice this week from the Division of Motor Vehicles explaining the new uninsured motorist law which affects every owner when he applies for his 1959 license plates.

The law, passed by the General Assembly last spring and effective last October 1, requires the owner buying new license plates to pay an additional $15 fee unless he can show he carries liability insurance in at least the amounts of $10/20,000 bodily injury $1,000 property damage with an insurance company licensed to do business in Virginia.

"This important notice has been mailed to every person who has a motor vehicle registered with the DMV," C. H. Lamb, Commissioner of Motor Vehicles, said. "This notice explains clearly what information the individual must have when next applying for his license plates.

"The purpose of the notice is to enable the owner of a Virginia registered motor vehicle to obtain the necessary information and have it available for use when he next purchases his plates. No action on the part of the individual owner is required until he next purchases license plates.

"To avoid paying the additional $15 the owner who carries liability insurance must fill out a form with the following information: the name of his insurance company, his policy number and the effective date of the policy number

Lamb said these forms are sent to the insurance companies named by the license plate purchasers for verification. He also said that persons who claim falsely to have liability insurance will be subject to revocation of driver's license and license plates, and a maximum fine of $1,000, a six-month jail term, either or both.

The $15 fee will not provide motorists with any form of insurance and relieves him of no liability for damages, it was pointed out.

In their haste to build, Chinese Communists destroying a heritage in China's good earth, according to report by Hungarian priest.

Britons believe Nato faces a showdown with France.

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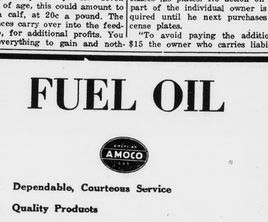
BUSY BAD WEATHER IF THE HOUR IS LATE



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FOR FULL INFORMATION Get your entry blank and the official rules at your Ford Dealer's or wherever Sylvania Blue Dot Flashbulbs are sold. Contest closes midnight, March 15, 1959

Vera

Vera, Jan. 5.- "As the mountains are round about Jerusalem, so is the Lord round about his people, from henceforth even forever."

—Psalms 125:1.

The New Year came in with bad weather. We surely have gotten lots of rain.

Mrs. T. C. Harvey, Sr. attended the wedding of Miss Patricia Alvis at Liberty Church on Thursday.

Visitors in the home of Mr. and Mrs. T. C. Harvey on Thursday were Mr. Walker Webb and Miss Nancy Scruggs.

Miss Harriett Harvey visited in the home of Mr. and Mrs. Wilson Scruggs on Thursday night.

Right many attended the New Year's midnight service at the New Hope Baptist Church.

We are sorry to hear that Mrs. Homer Reynolds is on the sick list, and we wish for her a speedy recovery.

Dinner guests in the home of Mr. and Mrs. T. C. Harvey on Sunday were Mr. and Mrs. T. J. Harvey and Mrs. Eva Hayden, Mr. and Mrs. Richard Carson and Sylvia, and T. C. Harvey Jr. and William.

The sick near Vera are Mrs. Maude Abbitt, Mrs. Alex Gobble, and Mrs. T. C. Harvey, Sr. We wish for each a speedy recovery.

Rev. J. P. Leitner preached at New Hope Sunday. He will supply at New Hope until they get a new pastor.

Mr. and Mrs. L. H. Watson visited in the home of Mr. and Mrs. T. C. Harvey on Sunday.

Vera, Jan. 1.- "Therefore being justified by faith, we have peace with God through our Lord Jesus Christ." -Romans 5:1.

Visitors in the home of Mr. and Mrs. T. C. Harvey on Wednesday were Mrs. Mildred Warters and Mr. and Mrs. W. J. Gibson, of Penn.

Guests in the home of Mr. and Mrs. T. C. Harvey for Christmas dinner were Mr. T. C. Harvey, Jr., and family; Mr. and Mrs. Richard Carson and Sylvia. Other visitors for the day were Miss Marguerite Gilliam and Mr. Frank Gilliam, of Roanoke.

Mr. Richard Anderson went to Bristol to spend the holidays with his sister.

Mr. and Mrs. L. H. Watson visited in the home of Mr. and Mrs. T. C. Harvey on Friday night.

Now, as we enter a New Year, may we all try to make it the best year of our life, for we do have so many blessings.

Miss Harriette Harvey attended a Christmas party in the home of Mr. and Mrs. Monroe Webb Saturday night.

We are glad to hear that Mr. Allen O'Brien is better.

Dinner guests in the home of Mr. and Mrs. Richard Carson on Sunday were Mrs. T. C. Harvey and Harriette, Mrs. Ida T. Morris, Mr. and Mrs. Emmet Carson, Mrs. Mary Willie Carson, Mrs. Emma Mae Carson and daughter, Nancy.

Mr. Walker Webb is spending the holidays in Florida.

We have had a very big rain. The farmers are busy stripping tobacco.

Rev. Charles Addington will move to his new field on Tuesday.

We wish our Editor and his wife and all of our readers a Happy New Year. (Note: We regret that this news letter did not reach us until Friday afternoon, Jan. 2, and therefore was too late for last week's issue—Editor).

Not So Portable

"You have a very nice collection of books," complimented the neighbor. "How you really should have more shelves."

"I guess you're right," admitted the owner. "But somehow, I never could get up the nerve to try to borrow shelves."

Play safe — drive carefully.

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BY DR. KENNETH J. FOREMAN

Bible Material: Mark 10:17-31.
Devotional Reading: Matthew 6:19-23.

All the Way

Lesson for January 11, 1959

LAST WEEK'S study was about a miracle that happened: this week the story is about a miracle that didn't happen. This miracle—if it had happened—would have been more astonishing than the successful one. It would have been spectacular, the whole country would have been talking about it. The big news would have been that a rich man had become a poor man, not by losing his money or getting it stolen, but just by giving it away, everything he had. But the news-behind-the news would have been the real miracle. It would have meant the absolute changing of a man's mind. What would have to happen to the rich man's mind would be far more of a wonder than what happened to his property—and more important too.

Dr. Foreman

Leave All

But those are all only ifs. Might-have-been's or Would-have-beens. The fact is, the rich man did not change his mind, he held on to what he had. He wasn't happy about it at all; "he went away in great distress" as one modern translation puts it. And Jesus, who watched him go, must have felt an even deeper regret, for Jesus loved the man. It is not easy to see such one you love choose the road to darkness rather than light.

The young man—for he was young and influential as well as rich—had asked Jesus what he ought to do to "inherit eternal life." That was his way of asking the question that comes in many forms: How shall I get right with God? How shall I be saved? How can I find life's meaning, and live by it? Where is there real joy? How can I fulfill my highest destiny?

The young man's friends might have thought that question ridiculous: for he was an extraordinarily good young man. He told Jesus, and Jesus did not doubt him, that he had been keeping the Ten Commandments ever since he could remember. But Jesus said, "You lack one thing." Only one—but what a terrific one thing! Get rid of all you own, Jesus said, give it to the poor; then come follow me.

Follow Me

Perhaps the young man did not hear that last sentence. All he could hear was "leave all." He made a mistake that is made to this very day by people who shy away from being Christians. There is a Christian now an old man, who for more than the first sixty years of his life refused to be a Christian. He resisted all that members of his family could say to him. His reason was at least an honest one. He knew that the way he made his money—or to be more precise, he knew that the way he tried to make money—namely by gambling, was not a Christian way of living. He was not going to pretend to be a Christian and a gambler too. His trouble was that in his mind being a Christian was chiefly not doing something he very much enjoyed doing, at the racetrack or over the green tables in a club room. As long as you think of the Christian life as a giving-up, a cutting-out of some habit or possession that you cherish, you never do get the right slant. The heart of the Christian life, what makes it worth while, is in that "Follow me."

Major Operation

Would Jesus say to every one, "Sell all you have and give to the poor"? Is it out of the question for a man or woman with money to "inherit eternal life"? Is money something evil in itself? This could hardly be true, otherwise Jesus would not have said to give it to the poor, but to throw it in the lake. Jesus counted among his friends many persons with property, and this was the only man he ever advised to get rid of every bit of it. It is very likely that money was a kind of baby tiger for this young man—harmless enough at first but destined to turn into a roaring killer. Two men may have the same disease; a major operation may be the only cure for one of them. The main point is: Get rid of whatever keeps you from going all the way with Christ.

State Senator Thos. Blanton, of Bowling Green, announces that he will not seek re-election.

DOCTOR TALK

By Benjamin B. Blackmon, M. D.

A very common ailment seen among people of all ages, from early adulthood on, is bursitis of the shoulder. There are many variations or gradiations of involvement.

As the name implies, bursits represents an inflamatory process of the bursa, which is the encapment area confining the structures of a joint, including the tendon insertions. As already stated, the shoulder joint area is the area most frequently affected.

Symptoms arise usually as a localized pain at the lateral or outer aspect of the upper arm, where it joins the shoulder joint. Another characteristic feature is a limitation in abduction, that is, the rising of the arm in an outward-upward motion of the body.

This restriction encountered in moving the arm is caused by sudden onset of a sharp, severe pain. In addition to pain from motion, a dull aching pain can very often be associated with a bursitis.

Treatment for this condition depends upon several factors, with any individual case. There are, in general, three types of involvement — the early or acute phase, the subacute phase and the old, chronic cases, which have become well established over a long period of time.

Very often, as a precipating factor, a fluid calcium deposit develops along the tendon sheaths which insert into the shoulder joints. Just why there is a strong predilection for the deposition of calcium at this particular site is not entirely understood.

However, its presence can definitely be established by two methods. Being radio-opaque, its presence can be discovered readily through a routine X-ray of the shoulder joint. The fuild substance can also be aspirated with a needle and syringe.

Aspiration of this fluid sometimes brings about a decided remission of the inflamatory process. There are many methods of treatment, the effectiveness of which varies with the individual.

Another very effective form of treatment, particularly in those cases which are detected early, is direct irradition under controlled supervision of a radiologist — usually requiring from three to five treatments every other day.

Sometimes an effective cure can be brought about with the use of medications and the application of local heat. The importance of early treatment cannot be over-emphasized and the success or effectiveness of treatment is usually proportional to its relationship with prompt discovery of the bursitis.

ROMANTIC APPEAL GONE

Budapest.- Sailing on the Danube is hardly as romantic as the songs would have you believe—if you set out from Communist Romania.

Under a new government decree, anything traveling on the river outside of a regular passenger boat must give the Ministry of Interior 30 days advance notice of a planned trip and list all aboard and intended stops.

KNOW THE WEATHER

By E. H. Sims

Why is weather called a westerly affair in the United States?

Weather in this country generally moves from west to east. That is, the movement of fronts and the prevailing direction of the gas layer (which is our weather) is from west to east.

This movement averages five or six hundred miles on a normal day. Winds do not steadily come from the west because weather moves in a circular motion, even as it drifts eastward. Therefore, winds might come from any direction, while the weather is still moving east.

If you know whether a low pressure area is passing (counterclockwise winds) or a high pressure system (clockwise) you can determine your position in the circular movement by watching the direction of the wind and its changes.

Red China's Cotton

Tokyo.- Communist China says its 1958 cotton crop will total 3¾ million tons—more than worldleading United States produced in 1957.

NOTICE

The American Calander Company will have on display at the American Legion Home in Appomattox on Thursday and Friday January 8 & 9 a complete display of 1960 Calanders and other fine advertising media used by most merchants. The American Legion Post will appreciate all persons using this type of promotional material to visit this display. The American Legion receives commission on all sales and your cooperation will be most appreciated.

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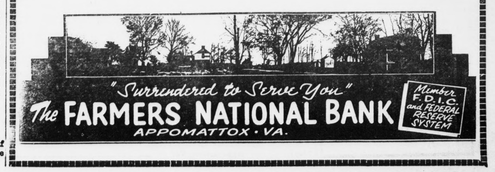

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